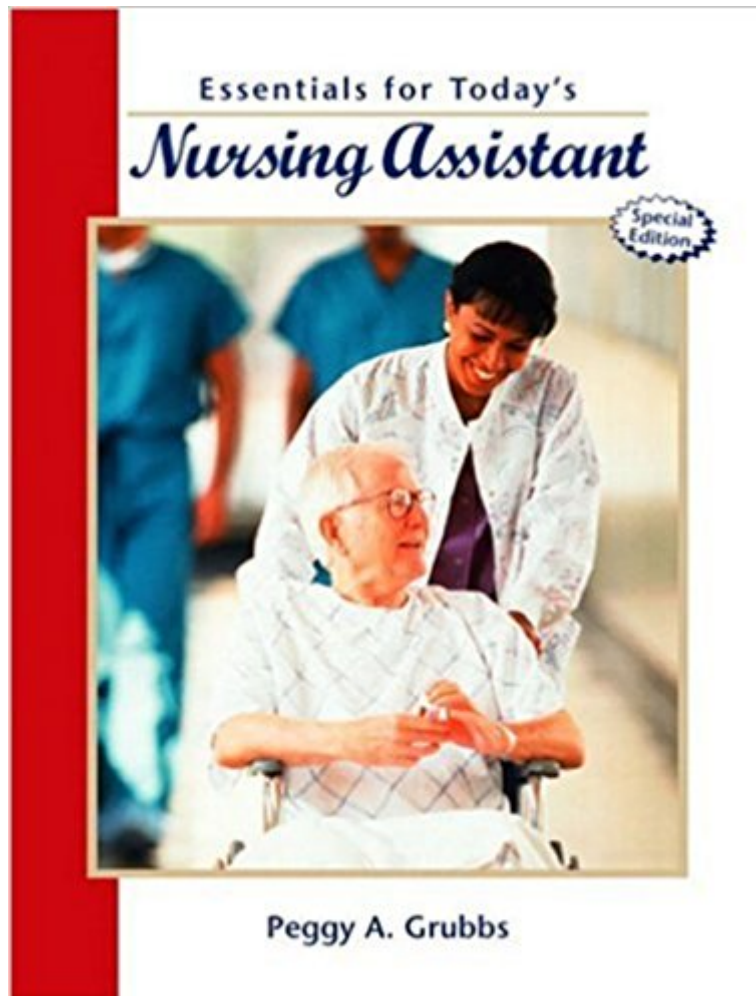




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# Essentials For Today's Nursing Assistant, Special Edition



## Synopsis

Exceptionally comprehensive, affordable, and user-friendly, this book focuses on the nursing assistant's role and responsibilities in health care as it is being practiced today in diverse areas of the health care delivery system. It incorporates both tried-and-true standards and recent changes in procedures and philosophies, and focuses throughout on a holistic, humanistic, restorative approach and cultural awareness. Extensively illustratedâyet unclutteredâit features simple language, boxed Procedures and Guidelines, an anatomy and physiology insert, and thought-provoking, interactive questions, case studies, and review questions, especially useful for preparing for competency tests.

The Role of the Nursing Assistant. Ethical and Legal Considerations. Infection Control. Communicable Diseases. Safety and Accident Prevention. First Aid and Emergency Care. Communication Skills. Communicating with Coworkers. Anatomy and Physiology. Common Health Problems. Life Cycle. Basic Needs of Patients. Rehabilitation and Restorative Care. The Patient's Unit. Bedmaking. Admissions, Transfers, and Discharge. Moving and Positioning. Ambulation and Exercise. Personal care and Hygiene. Measuring Vital Signs. Nutrition and Fluids. Elimination. Special Care and Procedures. The Geriatric Patient. The Dying Patient. Dementia and Alzheimer's Disease. The Patient with HIV (Human Immunodeficiency Virus) Infection. The Surgical Patient. Maternal and Child Health. Subacute Care. The Home Health Aide. Homemaking Skills. Employability Skills. Surveys and Accreditation.

For Nursing Assistants, Home Health Aides, Patient Care Assistants, ALF Caregivers, and LPNs. Previously announced in 7/02 catalog.

## Book Information

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## Customer Reviews

Essentials for Today's Nursing Assistant Special Edition Peggy A. Grubbs, RN, BSN Emphasizing a restorative, holistic approach, the Second Edition of Essentials for Today's Nursing Assistant continues to detail the role of the nursing assistant in the delivery of quality care across all health care systems - acute, subacute, long-term and home. The focus is on meeting the needs of the whole person - both physically and psychosocially. Combining comprehensive information, with visual reinforcement, and numerous chapter exercises, it is a complete resource for any nursing assisting course. Features: Special Edition refers to our new straightforward design and highly affordable package. New, lengthier, end-of-chapter exercises including fill-in-the-blank, key points, a case study, and multiple choice questions. New Chapter - Employability Skills highlights career management, job hunting and job retention. New Chapter - Surveys and Accreditation details regulatory agencies and standards of care. Increased emphasis on cultural awareness. Chapter opening objectives and key terms for each chapter. Interpersonal relationships are discussed with specific communication guidelines.

Much has been written about the high cost of health care today. In fact, many of the changes we have seen in the delivery of health care are in response to this problem. There has also been an increase in the cost of health care education. In the last few years, the cost of textbooks has been spiraling upward until today, textbooks are often the most expensive component in an educational program. We have talked to students and educators from all across the country who are struggling with a sluggish economy and overextended school systems. You told us that there was a desperate need for a comprehensive, affordable nursing assistant textbook. You have asked for relief, and we have heard you. The author and a dedicated team at Prentice Hall Publishing have designed a textbook that both meets your needs scholastically and is cost-effective. In forging this new design we were determined not to sacrifice quality or content. The standards we set were rigorous. The book had to be well written, readable, and understandable. It had to be comprehensive and complete so that it could stand alone without the need for a student workbook. Knowing that "a picture is worth a thousand words," we decided to continue using the large number of photographs and illustrations that made the first edition so popular. Essentials for Today's Nursing Assistant, Special Edition, focuses on health care as it is being practiced today. It incorporates recent changes in procedures and philosophies in diverse areas of the health care delivery system. Although this textbook presents new procedures using new equipment such as the tympanic thermometer, it includes tried-and-true practices that have not changed over the years. Our goal was to include

procedures and practices that are used in the majority of health care facilities in the United States. This edition of *Essentials for Today's Nursing Assistant* continues with the holistic, humanistic approach and restorative focus that was the unifying element of the first edition. The concern with meeting the needs of the whole person, physically and psychosocially, coincides with a national trend to provide this kind of care. In the multicultural world of today, respect for the individual has become a necessity. Restorative, holistic care has proven to be an effective tool in reducing health care costs and enhancing quality of life. The sooner we can return patients to independence and as nearly normal function as possible, the sooner they can get on with their lives. *Essentials for Today's Nursing Assistant, Special Edition*, emphasizes the role of the nursing assistant in the delivery of quality health care. It stresses the importance of taking care of oneself and developing a professional attitude. It addresses the need for continuing education and identifies new directions nursing assistants can take to accomplish their own career goals.

**Special Edition Highlights**

- Continued emphasis on the restorative, holistic approach to quality health care
- Increased emphasis on cultural awareness
- Discussion of interpersonal relationships with specific communication guidelines
- Simple language and a clear writing style for all levels of learning skills and styles
- Concise, measurable objectives and a glossary of key vocabulary terms with definitions that open each chapter
- Boxed procedures for easy identification with simple directions and beginning and ending steps separated from the body of the procedure
- Boxed guidelines for easy identification
- Comprehensive glossary and cross-referenced index for student convenience
- An anatomy and physiology insert for students and instructors who want more detailed information

**Special Edition Changes and Additions**

- Clean, crisp, uncluttered design that allows students to concentrate on content
- Chapters 2 and 3 combined and reorganized for a more-in-depth chapter on "The Role of the Nursing Assistant"
- Chapters 11 and 12 combined and reorganized into "Communicating with Co-workers"
- Rehabilitation and restorative care moved to a more appropriate location in Unit Four
- "Employability Skills" added to give students the information they need to get a job and keep it
- A new chapter, "Surveys and Accreditation," which provides guidelines to help students understand how the survey process helps to ensure quality patient care
- End-of-life issues incorporated into the text
- Workplace violence addressed when appropriate
- Infection control, communicable diseases, and emergency care all updated, with the latest recommendations by the American Heart Association included
- Expanded computer information
- Increased emphasis on nursing assistant education and training based on OBRA guidelines
- New procedures added
- New guidelines to help nursing assistants meet patient needs
- Exciting expansion of the end-of-chapter exercises to facilitate student learning. The "four R's" used in the first edition now cover fill-in-the-blank questions

(Review), key points to remember (Remember), case studies (Reflect), and multiple choice questions (Respond). This textbook is a complete learning package in itself. The end-of-chapter material offers a variety of interactive exercises to stimulate critical thinking. The fact that no student workbook is required makes Essentials for Today's Nursing Assistant, Special Edition, an excellent and affordable choice. An Instructor's Guide containing teaching strategies, quizzes, quiz answer keys, and answer keys to end-of-chapter exercises is available for the convenience of instructors.

To The Student You, the student, are the reason that authors write textbooks. You are the focus of our concern, the basis for our industry, and the light that guides our way. As an author, I have consistently tried to keep you at the center of this project. I have tried to write a book that will enable you to read and learn easily. My goal is to provide you with a textbook that will help you become a competent, compassionate nursing assistant. I sincerely hope this book meets that goal. This edition of Essentials for Today's Nursing Assistant continues the tradition set by the first edition. It emphasizes the importance of the role of the nursing assistant in providing quality patient health care. It includes the latest information on safety issues such as infection control and emergency care. It contains procedures and guidelines that are used in the majority of health care facilities. Some of these procedures may not be used in your area, and some you may not be allowed to do. Your instructor will identify the procedures and guidelines that you will be required to learn. As you begin your study, keep in mind these guides to finding materials in the text: The table of contents tells you where specific information is located and in what order it is presented. All headings, procedures, and guidelines are listed with the appropriate page number for convenience. The list of procedures contains all the procedures in the text for easy reference. Procedures are boxed for easy identification and illustrations are provided to demonstrate some of the steps. Use the list of guidelines to locate a specific guideline. This list contains all of the guidelines presented in the text. Guidelines are also boxed and illustrated. Read the objectives listed at the beginning of each chapter. Objectives are the goals you will be expected to reach. You will often find the objectives identified in the headings and subheadings. After completing the chapter, review the objectives and be sure that you have met all of them. If you have met the objectives, you should have a clear understanding of the material presented in the chapter. Study the glossary at the beginning of each chapter. The glossary is a list of the key vocabulary words or terms introduced in the chapter. The terms are printed in italics in the text to make them easier to identify. The definition is provided in the same sentence. Knowledge of the vocabulary words or terms will help you to answer quiz questions correctly. Read headings and subheadings to get a clear idea of the material provided in the chapter. Headings and subheadings are printed in large, boldfaced type that stands out from the

rest of the text. Use the headings and subheadings to locate information needed to answer questions and meet objectives. Study the illustrations and photographs to help you understand what the author is trying to say. Line drawings are used when they demonstrate procedural steps more clearly. Charts and tables are helpful to reinforce information. Do the end-of-chapter exercises. The Review section uses thought-provoking fill-in-the-blank type questions. They are designed to help you review the glossary or vocabulary terms. The Remember section contains a list of the important points of the chapter. Read and study this list to help you remember the key issues. The Reflect section includes a case study and related questions that help you reflect on the issues and use the information you have learned. The Respond section contains multiple-choice questions that will help you learn the material and develop test-taking skills.

I got this book to study for my CNA license. The book covers much more than just information for your CNA license; from making beds to making a resume and everything in between. The pictures are black and white but you can still clearly see what is going on in them. I think that after I complete the book I will be more than ready to take my exam and have more medical knowledge than I bargained for, which is great!

Saved a bunch of money here, the book looks new.

Although the photos are in black and white, it's a pretty good textbook, even though I'm already a CNA, I like to read them to refresh my mind or to make quick reference, but there is one problem that I have with the textbook, I see that there are multiple choice questions, but where are the answers? I believe I checked the whole textbook, but anyways for twenty five bucks it's still good though.

Excellent condition.

This book is an excellent resource for students who are training to become CNA's, and/or are preparing for CNA certification tests. Professors of CNA courses..there is no other book to use!

The book was in excellent condition as stated by the seller. It came very quickly. We are totally satisfied..

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